



Canadian Rockies Public Schools Presents...

OPENING DAY 2022 (in-person!)



Featured Keynote: Dr. Lisa Belanger



We are very excited to have Dr. Lisa Belanger as our guest speaker. Dr. Belanger is an award-winning researcher who helps leaders and teams optimize performance, productivity, and innovation through leading-edge scientific research. Accessible and easy to understand, Dr. Bélanger shares practical strategies that allow for immediate implementation of habits, skills, and work design that result in long-term and sustainable happiness, productivity, and overall well-being.

Dr. Belanger holds a PhD in behavioural medicine, is an executive MBA, a certified exercise physiologist and high performance specialist.

Dr. Bélanger is also the founder of the national charity, Knight's Cabin, which offers wellness programming to cancer survivors.

Wednesday, August 24, 2022, 8:30 am

Location: CCHS Theatre

BBQ to follow

Inspiring the Hearts and Minds of Every Student

Agendas for August 24-26, 2022

Wednesday, August 24, 2022

- ❖ 8:30 a.m. - 9:00 a.m. Gathering at CCHS. Coffee will be on!
- ❖ 9:00 a.m. - 9:05 a.m. Introduction of our Board Chair, Arlene Rheume
 - Deputy Superintendent, Debbie McKibbin
- ❖ 9:05 a.m. - 9:15 a.m. Welcome message from CRPS and Recognition of Treaty Lands
 - Board Chair - Arlene Rheume
- ❖ 9:15 a.m. - 9:25 a.m. Welcome and address
 - Superintendent - Chris MacPhee, CRPS
 - Introduction of Guest Speaker - Chris MacPhee
- ❖ 9:30 a.m. - 10:30 a.m. Guest Speaker: Dr. Lisa Belanger
- ❖ 10:30 a.m. - 11:00 a.m. Break
- ❖ 11:00 a.m. - 12:00 p.m. *Engage, Connect & Support for School Mental Health* facilitated by Nannette Gropp, Health Promotion Facilitator
- ❖ BBQ Lunch - 12:00 - 1:00
- ❖ Afternoon - at your schools

Thursday, August 25, 2022

- ❖ Morning:
 - K-12 : at your schools
- ❖ Afternoon:
 - Grades 4-12: at your schools
 - All Grade K-3 teachers only - gather at ERS 1:30 p.m. - 3:30 p.m. facilitated by CRC

Friday, August 26, 2022

- ❖ Morning:
 - Grades K-3 & Gr. 9-12 at your schools
 - All Grades 4-8 teachers only - gather at LGMS 8:30 a.m. - 10:30 a.m. facilitated by CRC
- ❖ Afternoon:
 - K-12 School-based activities
- ❖ Professional Learning for Educational Assistants (CCHS Theatre):
 - 9:00 a.m. - 11:30 a.m. Collaborative Problem Solving
 - 1:00 p.m. - 3:00 p.m. Complex Communication