## inspiring hearts Minds CANADIAN ROCKIES

### Canadian Rockies Public Schools

## Mental Health and Well-Being Support in CRPS

## **Counsellors**

School counsellors provide a continuum of preventative, developmental, remedial, and intervention services and programs and facilitate referral to community resources. The school counsellor's role includes counselling, school-based consultation, coordination and education. The school counsellor does not discipline, but rather helps in the development of effective behavioural change. Priorities for counselling vary between elementary and secondary schools and reflect the needs of each school, the school division and community. Guidance for post-secondary preparation is also part of this role at the high school level.



Kim Janse, Teacher Counsellor

Canmore Collegiate High School



Myka Piekenbrock, Teacher Counsellor

Banff Community High School



Elizabeth Hodgson, School Counsellor

Lawrence Grassi Middle School



Barbara Forster School Social Worker

Exshaw School

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### Canadian Rockies Public Schools

## **Divisional Family School Liaison Counsellor**

The Family School Liaison Counsellor provides direct services and support to students, parents, teachers and schools in addition to facilitating access to community services such as Alberta Mental Health and Children Services.

The primary function of the role of the Family School Liaison Counsellor is providing individual and/or family counselling and support to students and/or parents of children with social-emotional needs within the division. The Counsellor provides support to high-risk children by monitoring and managing crisis situations until a plan is put into place to stabilize the child's behaviour. Additionally, the FSLC serves as the attendance officer for CRPS.

Lynne Ratzke



### **Family and School Wellness Worker**

This position supports students, staff and families within the Banff community schools. The primary function of the Family and School Wellness Worker is to support students with identified social-emotional concerns that are impacting their school experience. This involves collaborating with parents, teaching staff, community agencies, and the medical community to support students and families.

In addition, the Family and School Wellness Worker develops and implements strategies for identification of students with undisclosed social-emotional concerns. A key responsibility is facilitating crisis intervention at the family and school level. This position works cooperatively with psychologists, teachers, health therapists, medical agencies and other outside agencies to coordinate the delivery of required assessments and programming to support an inclusive environment for students within the school.



Ashley Butenschon Banff Elementary School and Banff Community High School

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### Canadian Rockies Public Schools

## **Right From the Start**

Right from the Start (RFTS) is an Alberta Health Services Mental Health Capacity Building (MHCB) Program with Canadian Rockies Public Schools. RFTS works to promote positive mental health in children, youth, families and support individuals in the community who interact with children and youth. RFTS uses universal strategies in K-8 classrooms to develop mental and emotional well-being through promotion and prevention efforts.



Mary Weighell - RFTS Program Manager



Kathleen Wiebe - RFTS Success Coach Banff Elementary School



Deren Alward RFTS Success Coach Lawrence Grassi Middle



Megan Jenniex RFTS Success Coach Banff Elementary School



Michelle Skingle RFTS Success Coach Banff Elementary School

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### Canadian Rockies Public Schools

## **Success Teacher**

The Success Teacher is a unique teaching position within the Division that has been put in place to support the needs of Indigenous students. While their general role is outlined by AP 420, the Success Teacher's primary focus is to identify and support the academic, cultural and social-emotional needs of students who identify as First Nations,

Métis or Inuit.



Annabel Preece Success Teacher, Canmore Collegiate High School



Genevieve Soler Exshaw School and Divisional Support

## **Divisional Psychologist**

The CRPS Divisional Psychologist provides psychological services which include consultation, assessment, intervention and counselling to help students succeed academically, socially, and emotionally within an inclusive school environment.



Taras Danco, Currently deployed at Canmore Collegiate High School and Elizabeth Rummel School

The CRPS contracted psychologist specializes in psychoeducational assessments. Assessments are used to guide educational programming for students with unique, diverse and complex learning needs.

Shawn Crawford



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